



Appetizers •

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| Mexican Supreme Hashbrowns: Cubed potatoes with ground beef, onions, jalapenos, chili and cheese | \$ 12.99 |
| Boudin Balls: Four hand rolled pork boudin balls battered, deep fried and served with our homemade Ross' sauce | \$ 7.99 |
| Sausage Sampler: Alligator, boudin, hot sausage and green onion sausage served with mustard | \$ 12.99 |
| Shrimp Grits: Cheese grit cake deep fried with grilled shrimp topped with our New Orleans Creole sauce | \$ 15.99 |
| Basket of Biscuits: Six homemade buttermilk biscuits..... | \$ 6.99 |
| Beignet Bites: served with powdered sugar and honey..... | \$ 5.99 |
| Sweet Potato Beignet Balls: Eight beignet balls with cinnamon sugar and powdered sugar | \$ 5.99 |
| Half of a Cantaloupe | \$ 4.99 |
| Bowl of Mixed Fruit | \$ 5.99 |

Grits, Oatmeal, & Potatoes •

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| Oatmeal: Fresh creamy rolled oats..... | \$3.99 |
| Sliced Tomatoes (4) | \$ 2.99 |
| Grits: Smooth and creamy white hominy | \$ 2.99 |
| Supreme Grits: Cheddar cheese and bacon | \$ 6.99 |
| Shrimp Grits: Cheese grit cake deep fried with grilled shrimp topped with our New Orleans Creole sauce | \$ 17.99 |
| Hashbrowns: Cubed potatoes seasoned & fried to golden brown | \$ 3.99 |
| Mexican Hashbrowns: Cubed potatoes deep fried with caramelized onions, jalapenos and cheese..... | \$5.99 |
| Mexican Supreme Hashbrowns: Cubed potatoes deep fried with caramelized onions, jalapenos, cheese, ground beef and chili | \$12.99 |

Specialty Breakfast Meats •

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| Bacon Slices (4)..... | \$ 4.99 |
| Patty Sausage (3) | \$ 4.99 |
| Smoked Sausage | \$ 5.99 |
| Hot Sausage (Red Hot) | \$ 5.99 |
| Turkey Sausage..... | \$ 6.99 |
| Green Onion Sausage | \$ 7.99 |
| Cajun Boudin..... | \$ 7.99 |
| Corned Beef Hash..... | \$ 6.99 |
| Ham Steak | \$ 7.99 |
| Alligator Sausage..... | \$ 7.99 |
| Hamburger Steak with onions and gravy..... | \$10.99 |
| Pork Chops (2) Fried or Grilled | \$ 9.99 |
| Chicken Fried Steak with White Pepper Gravy..... | \$ 9.99 |
| Grilled Beef Liver with Onions and Gravy..... | \$ 9.99 |

• Gravies and Sauces

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| Country Sausage Gravy: Pan fried sausage mixed in a white flour gravy .. | \$ 4.99 |
| White Pepper Gravy: White flour pepper gravy..... | \$ 3.99 |
| New Orleans Creole Sauce: Cream, tomato, onions, bell peppers, shrimp and cheese | \$ 5.99 |
| Smoked Tasso Cream Sauce: Cream, tasso, onions, bell pepper, cilantro, Italian seasoning | \$ 5.99 |

• Breakfast Sandwiches

Sandwiches are served with grits or hashbrowns.

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| Bayou Lafourche Tower: Large fried crab cake with 2 over medium eggs, smoked tasso cream sauce on sourdough toast..... | \$14.99 |
| Western: 3 egg omelet with ham, onions, bell pepper and cheddar cheese on a large bun..... | \$ 10.99 |
| Bacon, egg and cheese: smoked bacon, fried eggs and American cheese on Texas toast. | \$ 8.99 |
| Ham, egg and cheese: smoked ham, fried eggs and American cheese on Texas toast | \$ 9.99 |
| Egg and cheese: Fried eggs with American cheese on Texas toast..... | \$ 6.99 |

• Breakfast Platters

Served with 2 eggs with grits or hashbrowns and biscuits or toast.

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| Ribeye Steak (12oz) Flame broiled & served with caramelized onions..... | \$ 34.99 |
| Top Sirloin Steak (8oz) Flame broiled & served with caramelized onions | \$ 28.99 |
| Bayou Lafourche: Fried crab cake topped with our smoked tasso cream sauce | \$ 16.99 |
| Fried Catfish (2 Strips) Topped with our New Orleans Creole sauce..... | \$ 13.99 |
| Chicken Fried Steak with White Pepper Gravy | \$ 14.99 |
| Pork Chops (2) (grilled or fried)..... | \$ 14.99 |
| Alligator Sausage: Spicy garlic sausage | \$ 13.99 |
| Grilled Beef Liver with Caramelized Onions and Brown Gravy | \$ 12.99 |
| Chicken Breast (grilled or fried)..... | \$ 13.99 |
| Ham Steak Breakfast (flame broiled) | \$ 13.99 |
| Hamburger Steak with Caramelized Onions and Brown Gravy | \$ 14.99 |
| Corned Beef Hash Breakfast | \$ 12.99 |
| Sausage Choices: Green Onion, Smoke Sausage, Hot Sausage, Turkey Sausage or Boudin..... | \$ 12.99 |
| Smoked Bacon or Patty Sausage | \$ 11.99 |

Best Homemade Biscuits in the World •

2 biscuits with each order

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| Cajun Shrimp Biscuits: Grilled seasoned shrimp and biscuits topped with our homemade New Orleans Creole sauce..... | \$ 15.99 |
| Chicken Fried Steak: Fried golden brown & served with white pepper gravy..... | \$ 9.99 |
| Chicken Breast (Fried or Grilled): With white pepper gravy..... | \$ 9.99 |
| Stuffed Biscuits: Your choice of Strawberry, Blueberry or Apple filling accompanied with cream cheese stuffing, topped with powdered sugar and whipped cream..... | \$ 8.99 |
| Bacon or Patty Sausage: | \$ 6.99 |
| Hot Sausage, Smoke Sausage, Turkey Sausage: | \$ 7.99 |
| Green Onion Sausage, Boudin or Slab of Ham: | \$ 8.99 |
| Sausage Gravy Biscuits: | \$ 7.99 |
| Homemade Biscuits (2): | \$ 2.25 |

Lighter Side •

We have gluten free bread

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| Veggie Delight: 2 egg whites with cheddar cheese served with grilled yellow squash, onions and mushrooms..... | \$ 7.99 |
| Cajun Chicken: Grilled chicken breast topped with tri-color bell peppers, onions and provolone cheese served with 2 eggs..... | \$ 11.99 |
| Atkins Delight: Meat lovers omelet served with green onion sausage..... | \$ 15.99 |
| Fresh Start: 2 eggs, fresh fruit, whole banana & sourdough bread..... | \$ 9.99 |
| Yogurt Special: Greek vanilla yogurt served with granola and strawberries or blueberries..... | \$ 7.99 |

Omelets •

Three egg omelet served with grits or hashbrowns and biscuits or toast
Salsa & sour cream are available for an additional charge

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| Seafood "Grand": Shrimp, crawfish, bell pepper, onions, Swiss cheese topped with our New Orleans Creole Sauce & Crabmeat..... | \$ 20.99 |
| Shrimp Omelet: Green onions, bell peppers and cheddar cheese..... | \$ 16.99 |
| Bayou Lafourche: Crumbled crab cake with green onions and mushrooms topped with our homemade tasso cream sauce..... | \$ 19.99 |
| Meat Lover Omelet: Smoked ham, turkey & bacon w/ Swiss cheese..... | \$ 14.99 |
| Cajun French Omelet: Our homemade boudin sausage with green onions & cheddar cheese..... | \$ 13.99 |
| Amite Omelet: Our homemade spicy alligator sausage with green onions and Swiss cheese..... | \$ 13.99 |
| Louisiana Omelet: Cajun chicken & sausage jambalaya with cheddar cheese..... | \$ 12.99 |
| Mexican Omelet: Ground beef, tomatoes, jalapenos, cheddar cheese and topped with homemade chili and sour cream..... | \$ 12.99 |
| Spanish Omelet: Chopped hashbrowns with onions, bell peppers, and cheddar cheese, topped with salsa..... | \$ 11.99 |
| Western Omelet: Smoked ham, green onions, bell pepper, tomatoes and cheddar cheese..... | \$ 11.99 |
| Tennessee Omelet: Ground patty sausage with cheddar cheese..... | \$ 11.99 |
| Vegetarian Omelet: Spinach, bell pepper, mushrooms, tomatoes, green and white onions with cheddar cheese..... | \$ 11.99 |
| Ham & Cheese Omelet: Smoked ham and cheddar cheese..... | \$ 10.99 |
| Chili & Cheese Omelet: Cheddar cheese topped with homemade chili..... | \$ 10.99 |
| Bacon & Cheese Omelet: Cheddar cheese with smoky bacon..... | \$ 10.99 |

Consuming raw/undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Our facility does not have a gluten free kitchen. (Our facility fries seafood/shellfish in all or some of our grease.)

Parties of 6 or more will have an 20% gratuity added to bill.
To go orders will have a surcharge added to the bill.

Frank's Specialty Benedicts

Below is served with grits or hashbrowns

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| Cajun Eggs Benedict: 2 poached eggs over homemade biscuit topped with our New Orleans Creole sauce served over a slab of smoked ham..... | \$ 15.99 |
| Bayou Lafourche Benedict: 2 poached eggs over a homemade biscuit with 2 Cajun crab cakes topped with our smoked tasso cream sauce..... | \$ 23.99 |
| Atchafalaya Benedict: 2 poached eggs over homemade biscuit with spicy alligator sausage, fried green tomatoes & New Orleans Creole sauce..... | \$ 16.99 |
| Red Stick Benedict: 2 poached eggs over a homemade biscuit with a fried chicken breast topped with our homemade smoked tasso cream sauce..... | \$ 16.99 |
| Grand Isle Benedict: 2 poached eggs over a homemade biscuit with a fried soft shell crab topped with our homemade smoked tasso cream sauce..... | \$ 24.99 |

Pancakes & French Toast

Maple syrup, Cane syrup, sugar free maple syrup & honey available

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| Pancake Breakfast: 2 pancakes, 2 eggs, bacon or patty sausage..... | \$ 10.99 |
| Short Stack of Pancakes: 2 large homemade buttermilk pancakes..... | \$ 6.99 |
| Sweet Potato Pancakes: 2 large homemade sweet potato pancakes..... | \$ 7.99 |
| Gluten Free Pancakes: 2 large homemade pancakes..... | \$ 6.99 |
| Hershey's Pancakes: Milk chocolate, chocolate chips baked inside 2 buttermilk pancakes..... | \$ 8.99 |
| Reese's Pancakes: Peanut butter chips and chocolate chips baked inside 2 buttermilk pancakes..... | \$ 8.99 |
| Butterfinger Pancakes: 2 crispy, crunchy, peanut buttery pancakes..... | \$ 8.99 |
| Banana Pecan Pancakes: 2 buttermilk pancakes w/ pecans & banana..... | \$ 8.99 |
| Berry Stuffed Pancakes: Fresh blueberries or strawberries baked inside 2 buttermilk pancakes that are layered with cream cheese..... | \$ 11.99 |
| French Toast Breakfast: 3 slices of Texas style French toast, 2 eggs, and a bacon or patty sausage..... | \$ 11.99 |
| French Toast: 3 slices of Texas style French toast served with Maple syrup..... | \$ 7.99 |
| New Orleans French Toast: New Orleans French bread slices dipped in a light cinnamon egg batter..... | \$ 9.99 |
| Stuffed French Toast: Your choice of fresh blueberries or strawberries layered with cream cheese..... | \$ 11.99 |

Drinks

Coffee • Hot Chocolate • Hot Tea • Soft Drinks • Milk
Apple Juice • Orange Juice
Vanilla and Hazelnut Creamers Available
(Available only at the Prairieville location: Bloody Marys & Mimosas)

FOR THE LOVE OF
PANCAKES!

