



Appetizers •

Mexican Supreme Hashbrowns: Cubed potatoes with ground beef, onions, jalapenos, chili and cheese	\$ 10.99
Boudin Balls: Four hand rolled pork boudin balls battered, deep fried and served with our homemade Ross' sauce	\$ 6.99
Sausage Sampler: Alligator, boudin, hot sausage and green onion sausage served with mustard	\$ 11.99
Shrimp Grits: Cheese grit cake deep fried with grilled shrimp topped with our New Orleans Creole sauce	\$ 11.99
Basket of Biscuits: Six homemade buttermilk biscuits.....	\$ 5.99
Beignet Bites: served with powdered sugar and honey.....	\$ 4.99
Sweet Potato Beignet Balls: Eight beignet balls with cinnamon sugar and powdered sugar	\$ 4.99
Half of a Cantaloupe	\$ 3.99
Bowl of Mixed Fruit	\$ 4.99

Grits, Oatmeal, & Potatoes •

Oatmeal: Fresh creamy rolled oats.....	\$2.99
Sliced Tomatoes (4)	\$ 1.99
Grits: Smooth and creamy white hominy	\$ 1.99
Supreme Grits: Cheddar cheese and bacon	\$ 4.99
Shrimp Grits: Cheese grit cake deep fried with grilled shrimp topped with our New Orleans Creole sauce	\$ 11.99
Hashbrowns: Cubed potatoes seasoned & fried to golden brown	\$ 2.99
Mexican Hashbrowns: Cubed potatoes deep fried with caramelized onions, jalapenos and cheese.....	\$4.99
Mexican Supreme Hashbrowns: Cubed potatoes deep fried with caramelized onions, jalapenos, cheese, ground beef and chili	\$10.99

Specialty Breakfast Meats •

Bacon Slices (4).....	\$ 4.99
Patty Sausage (3)	\$ 4.99
Smoked Sausage	\$ 5.99
Hot Sausage (Red Hot)	\$ 5.99
Turkey Sausage.....	\$ 5.99
Green Onion Sausage	\$ 6.99
Cajun Boudin.....	\$ 6.99
Corned Beef Hash.....	\$ 5.99
Ham Steak	\$ 6.99
Alligator Sausage.....	\$ 6.99
Hamburger Steak with onions and gravy.....	\$ 8.99
Pork Chops (2) Fried or Grilled	\$ 8.99
Chicken Fried Steak with White Pepper Gravy.....	\$ 8.99
Grilled Beef Liver with Onions and Gravy.....	\$ 8.99

• Gravies and Sauces

Country Sausage Gravy: Pan fried sausage mixed in a white flour gravy ..	\$ 4.99
White Pepper Gravy: White flour pepper gravy.....	\$ 3.99
New Orleans Creole Sauce: Cream, tomato, onions, bell peppers, shrimp and cheese	\$ 5.99
Smoked Tasso Cream Sauce: Cream, tasso, onions, bell pepper, cilantro, Italian seasoning	\$ 5.99

• Breakfast Sandwiches

Sandwiches are served with grits or hashbrowns.

Bayou Lafourche Tower: Large fried crab cake with 2 over medium eggs, smoked tasso cream sauce on sourdough toast.....	\$12.99
Western: 3 egg omelet with ham, onions, bell pepper and cheddar cheese on a large bun.....	\$ 9.99
Bacon, egg and cheese: smoked bacon, fried eggs and American cheese on Texas toast.	\$ 7.99
Ham, egg and cheese: smoked ham, fried eggs and American cheese on Texas toast	\$ 7.99
Egg and cheese: Fried eggs with American cheese on Texas toast.....	\$ 6.99

• Breakfast Platters

Served with 2 eggs with grits or hashbrowns and biscuits or toast.

Ribeye Steak (12oz) Flame broiled & served with caramelized onions.....	\$ 29.99
Top Sirloin Steak (8oz) Flame broiled & served with caramelized onions	\$ 24.95
Bayou Lafourche: Fried crab cake topped with our smoked tasso cream sauce	\$ 15.99
Fried Catfish (2 Strips) Topped with our New Orleans Creole sauce.....	\$ 12.99
Chicken Fried Steak with White Pepper Gravy	\$ 13.99
Pork Chops (2) (grilled or fried).....	\$ 13.99
Alligator Sausage: Spicy garlic sausage	\$ 12.99
Grilled Beef Liver with Caramelized Onions and Brown Gravy	\$ 11.99
Chicken Breast (grilled or fried).....	\$ 12.99
Ham Steak Breakfast (flame broiled)	\$ 12.99
Hamburger Steak with Caramelized Onions and Brown Gravy	\$ 12.99
Corned Beef Hash Breakfast	\$ 11.99
Sausage Choices: Green Onion, Smoke Sausage, Hot Sausage, Turkey Sausage or Boudin.....	\$ 11.99
Smoked Bacon or Patty Sausage	\$ 10.99

Best Homemade Biscuits in the World •

2 biscuits with each order

Cajun Shrimp Biscuits: Grilled seasoned shrimp and biscuits topped with our homemade New Orleans Creole sauce	\$ 13.99
Chicken Fried Steak: Fried golden brown & served with white pepper gravy.....	\$ 8.99
Chicken Breast (Fried or Grilled): With white pepper gravy.....	\$ 8.99
Stuffed Biscuits: Your choice of Strawberry, Blueberry or Apple filling accompanied with cream cheese stuffing, topped with powdered sugar and whipped cream.....	\$ 7.99
Bacon or Patty Sausage:	\$ 5.99
Hot Sausage, Smoke Sausage, Turkey Sausage:	\$ 6.99
Green Onion Sausage, Boudin or Slab of Ham:	\$ 7.99
Sausage Gravy Biscuits:	\$ 6.99
Homemade Biscuits (2):	\$ 1.99

Lighter Side •

We have gluten free bread

Veggie Delight: 2 egg whites with cheddar cheese served with grilled yellow squash, onions and mushrooms	\$ 6.99
Cajun Chicken: Grilled chicken breast topped with tri-color bell peppers, onions and provolone cheese served with 2 eggs.....	\$ 10.99
Atkins Delight: Meat lovers omelet served with green onion sausage.....	\$ 14.99
Fresh Start: 2 eggs, fresh fruit, whole banana & sourdough bread.....	\$ 8.99
Yogurt Special: Greek vanilla yogurt served with granola and strawberries or blueberries	\$ 6.99

Omelets •

Three egg omelet served with grits or hashbrowns and biscuits or toast
Salsa & sour cream are available for an additional charge

Seafood "Grand": Shrimp, crawfish, bell pepper, onions and swiss cheese topped with our New Orleans Creole sauce	\$ 17.99
Shrimp Omelet: Green onions, bell peppers and cheddar cheese	\$ 15.99
Bayou Lafourche: Crumbled crab cake with green onions and mushrooms topped with our homemade tasso cream sauce	\$ 17.99
Meat Lover Omelet: Smoked ham, turkey & bacon w/ Swiss cheese.....	\$ 13.99
Cajun French Omelet: Our homemade boudin sausage with green onions & cheddar cheese	\$ 12.99
Amite Omelet: Our homemade spicy alligator sausage with green onions and Swiss cheese.....	\$ 12.99
Louisiana Omelet: Cajun chicken & sausage jambalaya with cheddar cheese	\$ 11.99
Mexican Omelet: Ground beef, tomatoes, jalapenos, cheddar cheese and topped with homemade chili and sour cream	\$ 11.99
Spanish Omelet: Chopped hashbrowns with onions, bell peppers, and cheddar cheese, topped with salsa.....	\$ 10.99
Western Omelet: Smoked ham, green onions, bell pepper, tomatoes and cheddar cheese	\$ 10.99
Tennessee Omelet: Ground patty sausage with cheddar cheese.....	\$ 10.99
Vegetarian Omelet: Spinach, bell pepper, mushrooms, tomatoes, green and white onions with cheddar cheese.....	\$ 10.99
Ham & Cheese Omelet: Smoked ham and cheddar cheese.....	\$ 9.99
Chili & Cheese Omelet: Cheddar cheese topped with homemade chili	\$ 9.99
Bacon & Cheese Omelet: Cheddar cheese with smoky bacon.....	\$ 9.99

Consuming raw/undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Our facility does not have a gluten free kitchen. (Our facility fries seafood/shellfish in all or some of our grease.)

Parties of 6 or more will have an 18% gratuity added to bill.
To go orders will have a surcharge added to the bill.

Frank's Specialty Benedicts

Below is served with grits or hashbrowns

Cajun Eggs Benedict: 2 poached eggs over homemade biscuit topped with our New Orleans Creole sauce served over a slab of smoked ham.....	\$ 14.99
Bayou Lafourche Benedict: 2 poached eggs over a homemade biscuit with 2 Cajun crab cakes topped with our smoked tasso cream sauce.....	\$ 21.99
Atchafalaya Benedict: 2 poached eggs over homemade biscuit with spicy alligator sausage, fried green tomatoes & New Orleans Creole sauce.....	\$ 15.99
Red Stick Benedict: 2 poached eggs over a homemade biscuit with a fried chicken breast topped with our homemade smoked tasso cream sauce.....	\$ 15.99
Grand Isle Benedict: 2 poached eggs over a homemade biscuit with a fried soft shell crab topped with our homemade smoked tasso cream sauce	\$ 22.99

Pancakes & French Toast

Maple syrup, Cane syrup, sugar free maple syrup & honey available

Pancake Breakfast: 2 pancakes, 2 eggs, bacon or patty sausage.....	\$ 10.99
Short Stack of Pancakes: 2 large homemade buttermilk pancakes.....	\$ 5.99
Sweet Potato Pancakes: 2 large homemade sweet potato pancakes.....	\$ 6.99
Gluten Free Pancakes: 2 large homemade pancakes	\$ 6.99
Hershey's Pancakes: Milk chocolate, chocolate chips baked inside 2 buttermilk pancakes.....	\$ 7.99
Reese's Pancakes: Peanut butter chips and chocolate chips baked inside 2 buttermilk pancakes.....	\$ 7.99
Butterfinger Pancakes: 2 crispy, crunchy, peanut buttery pancakes.....	\$ 7.99
Banana Pecan Pancakes: 2 buttermilk pancakes w/ pecans & banana.....	\$ 7.99
Berry Stuffed Pancakes: Fresh blueberries or strawberries baked inside 2 buttermilk pancakes that are layered with cream cheese.	\$ 10.99
French Toast Breakfast: 3 slices of Texas style French toast, 2 eggs, and a bacon or patty sausage.....	\$ 10.99
French Toast: 3 slices of Texas style French toast served with Maple syrup.....	\$ 6.99
New Orleans French Toast: New Orleans French bread slices dipped in a light cinnamon egg batter	\$ 8.99
Stuffed French Toast: Your choice of fresh blueberries or strawberries layered with cream cheese.....	\$ 10.99

Drinks

Coffee • Hot Chocolate • Hot Tea • Soft Drinks • Milk
Apple Juice • Orange Juice
Vanilla and Hazelnut Creamers Available
(Available only at the **Prairieville** location: Bloody Marys & Mimosas)

FOR THE LOVE OF
PANCAKES!

