



## Appetizers •

<b>Mexican Supreme Hashbrowns:</b> Cubed potatoes with ground beef, onions, jalapenos, chili and cheese .....	\$ 9.99
<b>Boudin Balls:</b> Four hand rolled pork boudin balls battered, deep fried and served with our homemade Ross' sauce .....	\$ 6.99
<b>Sausage Sampler:</b> Alligator, boudin, hot sausage and green onion sausage served with mustard .....	\$ 9.99
<b>Shrimp Grits:</b> Cheese grit cake deep fried with grilled shrimp topped with our New Orleans Creole sauce .....	\$ 11.99
<b>Basket of Biscuits:</b> Six homemade buttermilk biscuits.....	\$ 5.99
<b>Beignet Bites:</b> served with powdered sugar and honey.....	\$ 4.99
<b>Sweet Potato Beignet Balls:</b> Eight beignet balls with cinnamon sugar and powdered sugar .....	\$ 4.99
<b>Half of a Cantaloupe</b> .....	\$ 3.99
<b>Bowl of Mixed Fruit</b> .....	\$ 4.99

## Grits, Oatmeal, & Potatoes •

<b>Oatmeal:</b> Fresh creamy rolled oats.....	\$2.99
<b>Sliced Tomatoes (4)</b> .....	\$ 1.99
<b>Grits:</b> Smooth and creamy white hominy .....	\$ 1.99
<b>Supreme Grits:</b> Cheddar cheese and bacon .....	\$ 3.49
<b>Shrimp Grits:</b> Cheese grit cake deep fried with grilled shrimp topped with our New Orleans Creole sauce .....	\$ 11.99
<b>Hashbrowns:</b> Cubed potatoes seasoned & fried to golden brown .....	\$ 2.99
<b>Mexican Hashbrowns:</b> Cubed potatoes deep fried with caramelized onions, jalapenos and cheese.....	\$4.99
<b>Mexican Supreme Hashbrowns:</b> Cubed potatoes deep fried with caramelized onions, jalapenos, cheese, ground beef and chili .....	\$9.99

## Specialty Breakfast Meats •

Bacon Slices (4).....	\$ 3.99
Patty Sausage (3) .....	\$ 3.99
Smoked Sausage .....	\$ 4.99
Hot Sausage (Red Hot) .....	\$ 4.99
Turkey Sausage.....	\$ 4.99
Green Onion Sausage .....	\$ 5.99
Cajun Boudin.....	\$ 5.99
Corned Beef Hash.....	\$ 4.99
Ham Steak .....	\$ 5.99
Alligator Sausage.....	\$ 5.99
Hamburger Steak with onions and gravy.....	\$ 5.99
Pork Chops (2) Fried or Grilled .....	\$ 7.99
Chicken Fried Steak with White Pepper Gravy.....	\$ 6.99
Grilled Beef Liver with Onions and Gravy.....	\$ 4.99

## • Gravies and Sauces

<b>Country Sausage Gravy:</b> Pan fried sausage mixed in a white flour gravy ..	\$ 4.99
<b>White Pepper Gravy:</b> White flour pepper gravy.....	\$ 3.99
<b>New Orleans Creole Sauce:</b> Cream, tomato, onions, bell peppers, shrimp and cheese .....	\$ 5.99
<b>Smoked Tasso Cream Sauce:</b> Cream, tasso, onions, bell pepper, cilantro, Italian seasoning .....	\$ 5.99

## Breakfast Sandwiches

Sandwiches are served with grits or hashbrowns.

<b>Bayou Lafourche Tower:</b> Large fried crab cake with 2 over medium eggs, smoked tasso cream sauce on sourdough toast.....	\$12.99
<b>Western:</b> 3 egg omelet with ham, onions, bell pepper and cheddar cheese on a large bun.....	\$ 9.99
<b>Bacon, egg and cheese:</b> smoked bacon, fried eggs and American cheese on Texas toast. ....	\$ 7.99
<b>Ham, egg and cheese:</b> smoked ham, fried eggs and American cheese on Texas toast .....	\$ 7.99
<b>Egg and cheese:</b> Fried eggs with American cheese on Texas toast.....	\$ 6.99

## Breakfast Platters

Served with 2 eggs with grits or hashbrowns and biscuits or toast.

<b>Ribeye Steak (12oz)</b> Flame broiled & served with caramelized onions.....	\$ 24.99
<b>Sirloin Steak ( 8oz)</b> Flame broiled & served with caramelized onions .....	\$ 18.99
<b>Bayou Lafourche:</b> Fried crab cake topped with our smoked tasso cream sauce .....	\$ 15.99
<b>Fried Catfish (2 Strips)</b> Topped with our New Orleans Creole sauce.....	\$ 12.99
<b>Chicken Fried Steak with White Pepper Gravy</b> .....	\$ 12.99
<b>Pork Chops (2)</b> (grilled or fried).....	\$ 12.99
<b>Alligator Sausage:</b> Spicy garlic sausage .....	\$ 11.99
<b>Grilled Beef Liver with Caramelized Onions and Brown Gravy</b> .....	\$ 10.99
<b>Chicken Breast</b> (grilled or fried).....	\$ 10.99
<b>Ham Steak Breakfast</b> (flame broiled) .....	\$ 10.99
<b>Hamburger Steak with Caramelized Onions and Brown Gravy</b> .....	\$ 10.99
<b>Corned Beef Hash Breakfast</b> .....	\$ 10.99
<b>Sausage Choices:</b> Green Onion, Smoke Sausage, Hot Sausage, Turkey Sausage or Boudin.....	\$ 10.99
<b>Smoked Bacon or Patty Sausage</b> .....	\$ 9.99

## Best Homemade Biscuits in the World •

2 biscuits with each order

<b>Cajun Shrimp Biscuits:</b> Grilled seasoned shrimp and biscuits topped with our homemade New Orleans Creole sauce .....	<b>\$ 11.99</b>
<b>Chicken Fried Steak:</b> Fried golden brown & served with white pepper gravy.....	<b>\$ 7.99</b>
<b>Chicken Breast (Fried or Grilled): With white pepper gravy.....</b>	<b>\$ 7.99</b>
<b>Stuffed Biscuits:</b> Your choice of strawberry or blueberry filling topped with powder sugar and whipped cream .....	<b>\$ 6.99</b>
<b>Bacon or Patty Sausage:</b> .....	<b>\$ 4.99</b>
<b>Hot Sausage, Smoke Sausage, Turkey Sausage:</b> .....	<b>\$ 5.99</b>
<b>Green Onion Sausage, Boudin or Slab of Ham:</b> .....	<b>\$ 6.99</b>

## Lighter Side •

We have gluten free bread

<b>Veggie Delight:</b> 2 egg whites with cheddar cheese served with grilled yellow squash, onions and mushrooms .....	<b>\$ 5.99</b>
<b>Cajun Chicken:</b> Grilled chicken breast topped with tri-color bell peppers, onions and provolone cheese served with 2 eggs.....	<b>\$ 8.99</b>
<b>Atkins Delight:</b> Meat lovers omelet served with green onion sausage.....	<b>\$ 13.99</b>
<b>Fresh Start:</b> 2 eggs, fresh fruit, whole banana & sourdough bread .....	<b>\$ 8.99</b>
<b>Yogurt Special:</b> Greek vanilla yogurt served with granola and strawberries or blueberries .....	<b>\$ 6.99</b>

## Omelets •

Three egg omelet served with grits or hashbrowns and biscuits or toast  
Salsa & sour cream are available for an additional charge

<b>Seafood "Grand":</b> Shrimp, crawfish, bell pepper, onions and swiss cheese topped with our New Orleans Creole sauce .....	<b>\$ 16.99</b>
<b>Shrimp Omelet:</b> Green onions, bell peppers and cheddar cheese .....	<b>\$ 14.99</b>
<b>Bayou Lafourche:</b> Crumbled crab cake with green onions and mushrooms topped with our homemade tasso cream sauce .....	<b>\$ 16.99</b>
<b>Meat Lover Omelet:</b> Smoked ham, turkey & bacon w/ Swiss cheese.....	<b>\$ 12.99</b>
<b>Cajun French Omelet:</b> Our homemade boudin sausage with green onions & cheddar cheese .....	<b>\$ 11.99</b>
<b>Amite Omelet:</b> Our homemade spicy alligator sausage with green onions and Swiss cheese.....	<b>\$ 11.99</b>
<b>Louisiana Omelet:</b> Cajun chicken & sausage jambalaya with cheddar cheese .....	<b>\$ 10.99</b>
<b>Mexican Omelet:</b> Ground beef, tomatoes, jalapenos, cheddar cheese and topped with homemade chili and sour cream .....	<b>\$ 10.99</b>
<b>Spanish Omelet:</b> Chopped hashbrowns with onions, bell peppers, and cheddar cheese, topped with salsa.....	<b>\$ 9.99</b>
<b>Western Omelet:</b> Smoked ham, green onions, bell pepper, tomatoes and cheddar cheese .....	<b>\$ 9.99</b>
<b>Tennessee Omelet:</b> Ground patty sausage with cheddar cheese.....	<b>\$ 9.99</b>
<b>Vegetarian Omelet:</b> Spinach, bell pepper, mushrooms, tomatoes, green and white onions with cheddar cheese.....	<b>\$ 9.99</b>
<b>Ham &amp; Cheese Omelet:</b> Smoked ham and cheddar cheese .....	<b>\$ 9.99</b>
<b>Chili &amp; Cheese Omelet:</b> Cheddar cheese topped with homemade chili .....	<b>\$ 9.99</b>
<b>Bacon &amp; Cheese Omelet:</b> Cheddar cheese with smoky bacon.....	<b>\$ 9.99</b>

Consuming raw/undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Our facility does not have a gluten free kitchen. (Our facility fries seafood/shellfish in all or some of our grease.)

Parties of 6 or more will have an 18% gratuity added to bill.  
To go orders will have a surcharge added to the bill.

## Frank's Specialty Benedicts

Below is served with grits or hashbrowns

<b>Cajun Eggs Benedict:</b> 2 poached eggs over homemade biscuit topped with our New Orleans Creole sauce served over a slab of smoked ham.....	<b>\$ 13.99</b>
<b>Bayou Lafourche Benedict:</b> 2 poached eggs over a homemade biscuit with 2 Cajun crab cakes topped with our smoked tasso cream sauce.....	<b>\$ 21.99</b>
<b>Atchafalaya Benedict:</b> 2 poached eggs over homemade biscuit with spicy alligator sausage, fried green tomatoes & New Orleans Creole sauce.....	<b>\$ 14.99</b>
<b>Red Stick Benedict:</b> 2 poached eggs over a homemade biscuit with a fried chicken breast topped with our homemade smoked tasso cream sauce.....	<b>\$ 14.99</b>
<b>Grand Isle Benedict:</b> 2 poached eggs over a homemade biscuit with a fried soft shell crab topped with our homemade smoked tasso cream sauce .....	<b>\$ 21.99</b>

## Pancakes & French Toast

Maple syrup, Cane syrup, sugar free maple syrup & honey available

<b>Pancake Breakfast:</b> 2 pancakes, 2 eggs, bacon or patty sausage.....	<b>\$ 10.99</b>
<b>Short Stack of Pancakes:</b> 2 large homemade buttermilk pancakes.....	<b>\$ 5.99</b>
<b>Sweet Potato Pancakes:</b> 2 large homemade sweet potato pancakes.....	<b>\$ 6.99</b>
<b>Gluten Free Pancakes:</b> 2 large homemade pancakes .....	<b>\$ 6.99</b>
<b>Hershey's Pancakes:</b> Milk chocolate, chocolate chips baked inside 2 buttermilk pancakes .....	<b>\$ 7.99</b>
<b>Reese's Pancakes:</b> Peanut butter chips and chocolate chips baked inside 2 buttermilk pancakes.....	<b>\$ 7.99</b>
<b>Butterfinger Pancakes:</b> 2 crispy, crunchy, peanut buttery pancakes.....	<b>\$ 7.99</b>
<b>Banana Pecan Pancakes:</b> 2 buttermilk pancakes w/ pecans & banana.....	<b>\$ 7.99</b>
<b>Berry Stuffed Pancakes:</b> Fresh blueberries or strawberries baked inside 2 buttermilk pancakes that are layered with cream cheese. ....	<b>9.99</b>
<b>French Toast Breakfast:</b> 3 slices of Texas style French toast, 2 eggs, and a bacon or patty sausage.....	<b>\$ 10.99</b>
<b>French Toast:</b> 3 slices of Texas style French toast served with Maple syrup.....	<b>\$ 6.99</b>
<b>New Orleans French Toast:</b> New Orleans French bread slices dipped in a light cinnamon egg batter .....	<b>\$ 8.99</b>
<b>Stuffed French Toast:</b> Your choice of fresh blueberries or strawberries layered with cream cheese.....	<b>\$ 9.99</b>

## • Drinks

Coffee • Hot Chocolate • Hot Tea • Soft Drinks • Milk  
Apple Juice • Orange Juice  
Vanilla and Hazelnut Creamers Available  
(Available only at the **Prairieville** location: Bloody Marys & Mimosas)

FOR THE LOVE OF  
**PANCAKES!**

